

# COACHING AGREEMENT

## NEW AWAKENING LIFE COACHING

### Overview

This agreement was created to provide important information regarding Life Coaching Services provided by New Awakening. Please read this document thoroughly and be sure to discuss any questions with your coach.

### Cost of Services

New Awakening life coaching is not covered by insurance. Payment for services are due at the time of service payable by cash or credit card. New Awakening provides packages to those seeking a commitment creating change in their lives. Rates of services will be charged at the rates provided in the most current pricing guide. Pricing may change at any time.

### Confidentiality

New Awakening's goal is to keep all communications between clients and coaches confidential. We will not share any information you provide to anyone other than your coach. However, we do not share the same legally granted confidentiality inherent to licensed mental health counselors. Use your discretion when discussing sensitive matters with your coach. **If during your session your coach feels you present a danger to yourself or others, or require emergency assistance they will contact the local authorities.**

### Unscheduled/Emergency telephone calls

Brief telephone calls between scheduled appointments are acceptable, however, to best address issues it is the belief of New Awakening that issues are discussed during a regularly scheduled appointment. Should this call exceed 15 minutes it will be billed at the standard hourly rate. **In the case of a medical emergency, a threat to your safety or the safety of others, please call 911 immediately to request emergency assistance.**

### Appointment Scheduling and Cancellation Policies

A 24-hour advance notice is required if you must cancel or reschedule your appointment. Your coach's policy is to charge for missed appointments at the rate of \$75.00 for each missed session. Our policies are created to allow for effective scheduling and to ensure all clients wishing to be seen may be accommodated. Please help us to serve you by notifying us as soon as possible if you must change or cancel your appointment.

### Termination of Coaching and Refund Policy

The length of your coaching and the timing depend on the specifics of your goals and the progress you achieve. Your coach will help define your direction, but it's the client's responsibility to create the time and energy to fully participate in the program. Due to the limited amount of appointments available for New Awakening Coaching, only clients dedicated to making positive changes will be accepted. Either the coach or client may discontinue coaching at any time, but refunds on packages will not be given.

**Underage Approved Topics**

**Under the age of 18 years of age I ask parents or legal guardians to understand, during life coaching sessions it is an open forum and would like you to list any topics that you don't wish for me to not discuss with your children. If you have none great i request a signature in the case of special guidelines or not.**

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**Parent Or legal guardian signature.**

**Liability**

This agreement is for Coaching, not Psychotherapy. Tyler Thompson is working only within the capacities of a Life Coach and will not be held liable for discrepancies. While coaching can work with issues such as identifying and reaching life goals, and changing the behaviors that aren't working well for you, coaching will not address psychological issues in the manner of a licensed therapist would and is not able to treat or diagnose individuals .Anything regarding a diagnosis or treatment goes beyond my scope of practice as a coach and is something you need to seek the help of a Medical Physician or Licensed Mental Health Professional in your area.

By signing this agreement, you are agreeing that you understand the difference in these two functions and you will get appropriate professional help for mental health issues if necessary.

**Your signature indicates that you have read this agreement for services carefully and understand its contents. Please ask your coach to address any questions or concerns that you have about his information before you sign.**

**Name of Client:** \_\_\_\_\_

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_